## **Best Practice 1**

**Title of the Practice:** Helping others: Campus to Community (Instilling social values and Responsibilities to the future Citizens)

#### **Objective of the Practice:**

- 1. To instill social values and responsibilities to our students.
- 2. To help our extended community members.
- 3. Prioritize collective wellbeing over individual interest

**The Context**: As per the vision and mission of our college to inculcate Indian values to make the youths sensible and socially responsible human beings, global citizens with a commitment to uphold Indian learning, culture and ethical values we feel that there is a degradation of moral values in the present generation of students. Thus, the need for strengthening the value system among students was felt.

#### The Practice:

Thus the initiative of Campus to Community Instilling social values and Responsibilities to the future Citizens was taken and following activities were organized and continued by the different internal committees on various occasions:

- 1. Shram Daan and Seba Daan: A voluntary Initiative of the Institution to Serve the Society.
- 2. Creating awareness among students and the community members
- 3. Yoga and meditation

Evidence of success: Following events were organised successfully:

- Shram Daan Cleaning of college campus and surrounding are organised this year also with the initiative from NSS unit of our college. NSS Unit of Sammilani Mahavidyalaya organized a cleaning program to implementation of "Swachh Bharat Mission" on 9<sup>th</sup>Feburary, 2024. The volunteers of NSS clean the college campus and its surrounding areas. They collect the garbage and plastic and disposal it.
- **2. Distribution of blankets** to the deserving people on the National Youth Day, 12.01.2024 was organised by the institution.
- 3. "वसुधैवकुटुम्बकम् ", a noble initiative taken by Sammilani Mahavidyalaya, Environment Awareness Sub –Committee, Humming Bird Nature Club & IQAC on the occasion of 28th Foundation Day on 12th December 2023, to promote a global perspective and to prioritize the greater good over individual or family interests. It encourages considering the welfare of others, fostering global solidarity. It took initiative to feed / help domestic/stray animals and birds outside your home.
- 4. Blood Donation Cam: "Blood Donation Camp" on the occasion of 28th Foundation Day of Sammilani Mahavidyalaya was organized by the institution in collaboration with Alumni association. Date of the program- 21.012.2023No. of Participant: 30



- 5. **Observation of International Yoga Day:** On the 21st of June 2023(Wednesday), the Yoga and Environment Awareness Sub-Committee of our institution observed International Yoga Day in collaboration with National Service Scheme (NSS) unit.
- 6. **World AIDS Day:** Awareness camp on WORLD AIDS DAY, organized by NSS unit, Sammilani Mahavidyalaya on 1st December, 2023.Speaker Smt. Mitali Bhattacharya, ICTC
- 7. Counselor, Calcutta National Medical College. The program was followed by AWARENESS SESSION on WORLD AIDS DAY, organised by NSS Unit, Sammilani Mahavidyalaya on 1st December, 2023

#### **Problems Encountered:**

- Number of participations must be increased. It is not as per the expectation.
- Lack of resources and shortage of time make it difficult to arrange all the programmes successfully.
- Lack of motivation and awareness among community members.



# Report Best Practice 1

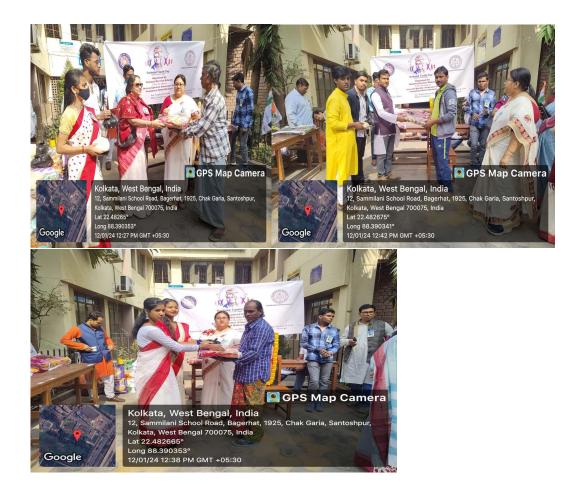
**Shram Daan** - Cleaning of college campus and surrounding are organised this year also with the initiative from NSS unit of our college. NSS Unit of Sammilani Mahavidyalaya organized a cleaning program to implementation of "Swachh Bharat Mission" on 9<sup>th</sup>Feburary, 2024. The volunteers of NSS clean the college campus and its surrounding areas. They collect the garbage and plastic and disposal it.



## Seba Daan activity-

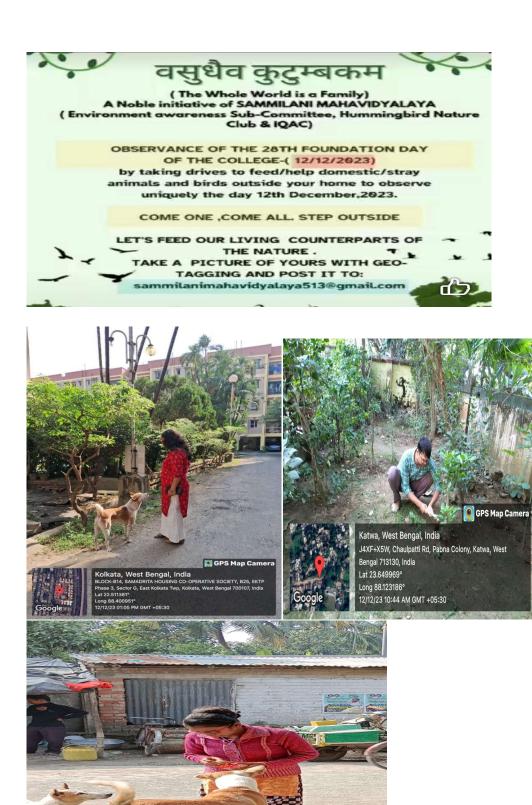
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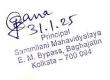




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#### **Blood Donation Camp**

"Blood Donation Camp" on the occasion of 28th Foundation Day of Sammilani Mahavidyalaya was organised by the institution in collaboration with Alumni association. **Date of the program-** 21.012.2023

No. of Participant: 30







#### **Obsrvation of International Yoga Day**

On the 21st of June 2023(Wednesday), the Yoga and Environment Awareness Sub-Committee of our institution observed International Yoga Day in collaboration with National Service Scheme (NSS) unit. An enlightening session on "NOW and Zen" was conducted by Smt. Nandini Choudhuri, Meditation Mentor, Founder Director, MediNdi followed by meditation and yoga asanas. 30 students and committee members named Sri Debasish Roy, Smt. Lupsy Mohanty Roy, Sri Ranjit Shaw (NSS unit, Programme Officer) and other faculty members participated actively.

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Main Baghala

#### World AIDS Day

Awareness camp on WORLD AIDS DAY, organized by NSS unit, Sammilani Mahavidyalaya on 1st December, 2023.Speaker Smt. Mitali Bhattacharya, ICTC Counselor, Calcutta National Medical College.



The program was followed by AWARENESS SESSION on WORLD AIDS DAY, organised by NSS Unit, Sammilani Mahavidyalaya on 1st December, 2023



Rally on WORLD AIDS DAY, 1st December 2023, organised by NSS unit, Sammilani Mahavidyalaya





Youth Day Celebration

Birth anniversary of Swami Vivekananda is celebrated every year. This year on 12.02.2024 a program was organized by the institution where Swami Vivekananda's picture was honoured with garland of flowers.









**Best Practice 2** 

Title of the Practice: Empowering HER to empower the NATION

**Objective:** Sammilani Mahavidyalaya has taken initiatives for women's empowerment and various activities are organised throughout the year to empower the girl students most of whom comes from remote area. The College tries to Provide skill development, career counselling, and leadership training to empower girl students for their economic independence. It also ensures safety &well-being by implementing anti-harassment policies, grievance redressal mechanisms, and support systems to safeguard women's rights in alignment with the vision of this institution.

**The Context**: In the prevalent patriarchal society both the Central and State Govt. have undertaken various welfare projects for the overall development and upliftment of the women in the society. In the context of those efforts taken by the govt. our college has been implementing several programs for empowering the girl students.

#### The Practice:

Practice related to women - empowerment that took place during the session are:

- 1. Celebration of International Women's Day
- 2. Basic Tailoring Course for girl students.
- 3. Internship in Fashion designing for girl students.
- 4. Kanyashree Prakalpa.
- 5. Representation in IQAC by girl student.

#### **Evidence of Success**

1. International Women's Day was celebrated on 21<sup>st</sup> March 2024. A lecture was organized by Women Cell and IQAC of the institution where an eminent guest speaker: Dr. Samiran Sur, Assistant Professor, Department of Management and Business Administration, Aliah University, was invited to deliver lecture on the topic "Invest in Her Future: Women's Entrepreneurial Journey" at Vidyasagar Hall. Students prepared a wall magazine on the topic "contribution of the first lady eminent in different fields of work", which was unveiled in the program.





2. Tailoring course: A diploma course in Basic Tailoring for the girl student offers the scope of self employment as well as an 'earn while you learn' opportunity. 20 to25 girl students even from other colleges and local area are learning the course.

3. Internship: The HEI has offered an internship course as stipulated by the affiliating University on Fashion designing only for girls. It helped them to develop a new skill that could be beneficial in near future.

4. Kanyasree Prakalpa: On an average about 70% of the total girl students received Kanyashree every year. In this session 85 girl students have received the scholarship.

5. There is a student representative in the IQAC who is a girl student. The College took this initiative to encourage participation and leadership in governance .

## **Problems Encountered and Resource Required:**

- Many women, especially from economically weaker backgrounds, struggle to afford higher education due to financial dependence on families.
- Motivation among girl students are required regarding taking other courses along with their studies.
- Introduction of CBCS and New CCF syllabus required continuous 10 to 4 class thus many students found it difficult to find time during the class hours hence could not join the courses.
- The students find it inconvenient to come to college for the courses every day.
- Since it is a general degree college, there is no dedicated teacher for the courses. More fund is required.
- Women often face challenges in balancing education with household responsibilities, limiting their academic and extracurricular participation.
- Traditional mindsets and cultural expectations often restrict women's participation in higher education and leadership roles.





Date

# **Report of Best Practice 2**

# **Report of Commemoration of International Women's Day 2024**

#### **International Women's Day**

International Women's Day was celebrated on 21st March 2024. A lecture was organized by Women Cell and IQAC of the institution where an eminent guest speaker: Dr. Samiran Sur, Assistant Professor, Department of Management and Business Administration, Aliah University, was invited to deliver lecture on the topic "Invest in Her Future: Women's Entrepreneurial Journey" at Vidyasagar Hall. Students prepared a wall magazine on the topic "contribution of the first lady eminent in different fields of work", which was unveiled in the program.

To commemorate International Women's Day the Women's Cell of Sammillani Mahavidyalaya organised a seminar focusing the Central theme of U.N which by the way this year was "Invest in Women; Accelerate Progress". The seminar was graced by the presence of guest speaker Dr. Samiran Sur who is an Asst. Prof. in the department of Management and Business Administration at Aliah University, New Town, Kokata, and is also a certified invention Ambassador appointed by the Ministry of Education, Government of India. The seminar kicked off with the inaugural lamp lighting by the Principal of the college. Following which the Convener of the Women's Cell Smt. Kasturi Kar welcomed everyone with a spectacular oration whereby she highlighted the significance of Women's Day. After which the members of the Women's Cell felicited the chief guest along with the Principal and coordinator of IQAC. The Principal Dr. Chandan Kumar Jana then delivered a brief speech in which he focused that how women empowerment can accelerate the process of economic development of a nation. The coordinator of IQAC then addressed the female students and elaborated how they could become self-reliant in various earning avenues. Finally, the chief speaker Dr. Sur emphasised on "Investing in Her Future: Women's Entrepreneurial journey" by his speech whereby he also laid stress on gender equality, diversity and innovation, social responsibility, skill development and provided ideas about designing, launching and running micro, small and medium entrepreneurship and self-employment lending scheme or micro financing scheme like Mahila Samriddhi Yojana. This was followed by an interactive session with the participants whereby the speakers answered numerous queries thereby providing invaluable knowledge and information to the participants.

To end the program convenor of Women cell delivered vote of thanks to all the members, Principal Sir, IQAC Coordinator, all the teachers and students who made the program a huge success.





# Sammilani Mahavidyalaya

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#### **EXHIBITION CUM SALE**

Exhibition and Sale of Sewing Art and craft on the occasion of 28th Foundation Day of Sammilani Mahavidyalaya. Handmade product of the students were on sale in the exhibition



Principal Principal Sammilani Mahavidyalaya E. M. Bypass, Baghajain Kolkata - 700 094