

SAMMILANI MAHAVIDYALAYA

BEST PRACTICES

Best Practice 1: Institutional Collaboration/Linkage with academia and industry

1. **Title of the Practice:** Institutional Collaboration/Linkage with academia and industry
2. **Objectives of the practice:**
 - To enhance quality of both faculty and students of the collaborating institutions.
 - To form the basis of extended and increasingly valuable inter-institutional exchanges.
 - To promote collaboration and partnership with various institutions towards encouraging planned use of resources of both the collaborating institutions.
3. **The context:** The college is trying to bring to its students the best resources available for their all-round development. To meet the growing demand of the students, linkages with several organizations has become imperative. The students must be aware of the vast array of knowledge beyond their regular curriculum. They need to be trained in some specialised fields so that they could acquire some useful practical knowledge at the end of the course. To encourage and promote transfer of knowledge and expertise, institutional collaborations play a very important role. These facilitate a two-way exchange and encourage reciprocating visits by students and teachers. The college has always been working to improve the employability of the students and hence has planned to introduce practical training courses in computerised accounting and e-filing of tax returns, development of spoken English skills of students, conducting Functional and Communicative English Courses and last but not least, to prepare the students in facing job interviews.
4. **The Practice:** A few Memorandum of Understandings (MoUs) have been signed by the college with several institutions.
 - On 18th April, 2022 a MOU was signed between Sammilani Mahavidyalaya and Institute of Computer Accountants Education. Skills Pvt. Ltd. (Jadavpur) to

facilitate training in Computerized Accounting (Tally Prime), e- filing of GST returns and Income Tax returns and related skill development, along with Internship for B. Com. students of our college. To facilitate such practical training, skill development as well as internship for B. Com. students, the college is exploring similar partnerships with competent service providers and has identified ICA Jadavpur as potential partner.

- Another MOU has been signed with Satikanta Guha Centre for Culture and Learning, Lake Gardens, Kolkata for conducting Functional and Communicative English courses (online), developing English speaking skill of students and preparing them for facing job interviews.
- A MoU has also been signed with K.K. Das College, Patuli, Kolkata on 5th April 2021 for faculty and student exchange programmes. Departmental seminars and lectures are jointly conducted by the two colleges to facilitate exchange of knowledge.
- A MoU with Raidighi College was signed in 2019. It is valid for five years. The main objective of the memorandum is to encourage collaborative activities between the two colleges to enhance quality of education and facilitate teaching learning process.
- A MoU with M/S Redivivus Recyclers Private Limited (Vital Waste) was signed on 20.06.2022 for recycling and waste management services for dry recyclables such as paper, cardboard, plastic, metal and e-waste.

5. Evidence of Success:

- Interaction with faculties of other institutions helps to generate among our students further interest on a subject or a particular topic.
- Student Interns get opportunity for skill development apart from studying their regular curriculum.
- Successful students get completion certificates after completing the courses.

6. Problems Encountered and Resource required:

- Problems Encountered:

Making the students understand the need of pursuing internship/additional courses along with the regular curriculum was a challenging task.

- Resources required:

More funds, more space, more awareness.

Best Practice 2: Yoga Training Programme

1. Title of the Practice: Yoga Training Programme

2. Objectives of the practice:

- To make the students and staff aware of the amazing benefits of Yoga
- To improve physical as well as mental health of the students, teachers and the staff
- To help the participants in learning ways and means to keep peace of mind
- To connect the students to the mother nature through practising of Yoga

3. The context: It is said in Sanskrit “*sariram adhyam khalu dharmasadhanam*” which means Body or Health is the primordial source to do any kind of work. The term Yoga signifies holding to connect; connecting everything within self towards realizing that we are a part of this whole phenomenon of Creation. The strengthening and lengthening of Yoga can improve mobility and function, helping the body to recover from physical as well as mental injury. Yoga shows us the right path to do everything in our day to day life with mental peace. The 21st day of June 2022 was observed as International Day of Yoga (IDY). The Yoga and Environment Awareness Sub-committee of our college, in collaboration with Vivekananda Yoga Anusandhana Samsthana, Kolkata Branch, S-Vyasa Yoga University Bangalore (Deemed University) conducted short term course through blended mode from 29th of April to 21st of June 2022.

4. The Practice: Our college is always promoting all round development of a student. The students need to be trained in Yoga to help them keep their body and mind in a peaceful state. Our college collaborated with Vivekananda Yoga Anusandhana Samsthana, Kolkata Branch, S-Vyasa Yoga University Bangalore (Deemed University) to conduct a short term course in blended mode from 29th April to 21st June 2022. A team consisting of teaching staff and various participants were invited to visit the Institute on 5th May 2022 for further interaction and elaboration. A programme schedule was prepared and was strictly followed. The course concluded with the observation of the specified day through conducting test,

demonstration and awareness session on asanas. The successful participants were given prizes. Both the volunteers and staff zealously participated to make the event successful.

5. Evidence of success:

- Eighteen participants received certificates and different awards.
- Various demonstration and awareness sessions on Asanas were done successfully.
- Huge response was elicited from the students and teachers as well, for the course.
- Several students have informed us that they feel better after doing the course and they are eager to continue.

6. Problem encountered and resource required

- Problems Encountered:
 - i) Inadequacy of space for conducting regular sessions.
 - ii) Students coming from far-flung areas found it quite difficult to attend the course due to time constraint even though having enough interest.
 - iii) Lack of continuity in attending the sessions throughout the course.
- Resources required:
 - i) A room has to be allotted for conducting Yoga classes.
 - ii) To encourage our students with more awareness programmes on Yoga.
 - iii) A Yoga expert needs to be appointed to keep the course running.
